



## The Program at Mountain View Retreat

Mountain View Retreat LLC (MVR) is a holistic, 12 Step based, Partial Hospital Program for those interested in a complete abstinence approach to recovery from addiction. MVR serves males 18 years or older with a diagnosis of a substance use disorder. The PHP program is six hours per day (from 10am to 4pm, with an hour for lunch), Monday through Friday, for at least 30 days; however, a 60 day stay or longer is recommended.

Along with individual and group counseling, the program features instruction in yoga, meditation, coping strategies, basic nutrition, and job search skills. Other classes offered include boat building and cooking. 12 Step meetings are held at MVR, and clients also attend such meetings in the community. Service to the community is a component of the program as well.

For more information, please call 866-244-9202, or visit [www.mvretreat.life](http://www.mvretreat.life).

## Eligibility Requirements

- 18 years or older
- Male
- Alcohol or Substance Use Disorder
- Not in need of alcohol or opioid medical detox services
- Not using any MAT drugs, i.e. Suboxone, Methadone
- Desire to remain clean and sober
- Willingness to use 12 Step method
- Not currently using any Benzodiazepines, Amphetamines
- Not misusing any other mood altering substances
- No prior convictions of arson, sex offenses, violent crime

## Program Rules

1. Clients are not allowed to use any mind or mood altering substances, including marijuana; or alcohol, while in treatment at the Mountain View Retreat, LLC (MVR), whether in the building, on the grounds or anywhere outside of the retreat, for the entirety of their treatment. Clients are required to present a copy of any and all prescriptions for medication prescribed by a primary care physician or a psychiatrist/APRN to the Program Director.

**Mountain View Retreat, LLC**  
143 Jaffrey Road  
Marlborough, NH 03455  
866-244-9202  
[www.mvretreat.life](http://www.mvretreat.life)



2. Possession of mind or mood altering substances, including marijuana; or alcohol is not permitted, whether in the building, on the grounds or anywhere outside of MVR.
3. No client or staff member will engage in any physical violence towards any other client or staff member.
4. No firearms or weapons of any kind, including guns, knives, mace, chains, bats, or any object that could be used as a weapon, are permitted at MVR, whether in the building or on the grounds, at any time.
5. Neither clients nor staff will engage in hate speech, racism, bigotry, misogyny, or bullying at MVR, whether in the building or on the grounds, at any time.
6. Clients and staff are only allowed to smoke, vape, or use any tobacco/nicotine products in designated areas.
7. Clients and staff are not allowed to use MVR computers or other devices connected to the wifi or internet at MVR to access pornography of any kind.
8. Clients and staff are not allowed to engage in any criminal activity at MVR, whether in the building, on the grounds or anywhere outside of MVR.

*Criminal activity committed in the building or on the grounds of MVR will be reported to the police, or other appropriate authorities, immediately, and criminal charges will be filed.*

*Crimes committed on MVR premises are lawful exceptions to the protections of confidentiality as given by HIPAA and CFR 42, part 2 federal statutes.*